

Elysian Health

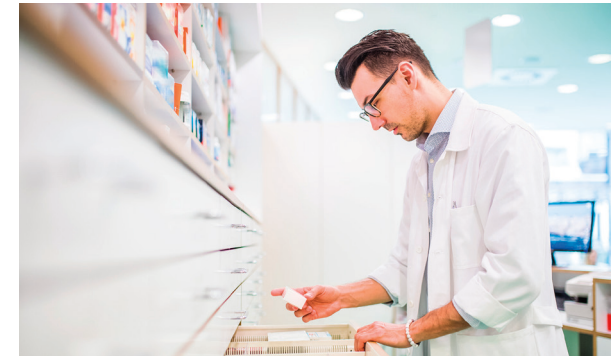
Live your best life, longer.

The Elysian Concierge Program

Your personalized and comprehensive primary healthcare program



Optimize Your Health



At Elysian, your dedicated team of practitioners are focused on working with you to identify and achieve your health goals and optimize your wellness.

You will have access to your personal physician, naturopathic medicine, nutritional counselling, a pharmacist, a strength and conditioning coach, a mental health coach, a family health nurse, and a clinical care coordinator.

Your team will be dedicated to helping you achieve your goals. If ever your goals change or additional support is needed, our physiotherapists, registered massage therapists, chiropractors, and network of specialists will be there to support you, all managed by your personal coordinator.

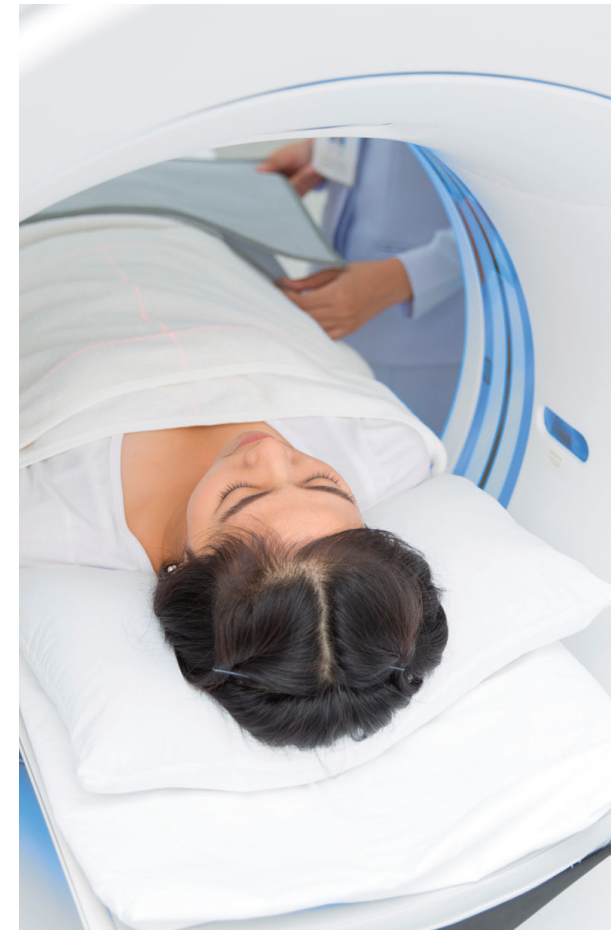


Patient-Centred Care

Setting health goals and having access to flexible unhurried care all in one place - personalized care centered around you.



Imaging and Diagnostics



With the Elysian Concierge Program, you have access to advanced diagnostics and screening with the latest imaging and diagnostic equipment in the industry. Our MRI, CT and Imaging Suite are right upstairs.

Your health team - guided by your medical profile - will work with you to identify any advance diagnostic tests that will help you achieve your goals, and be proactive in your health journey.



Integrated Care

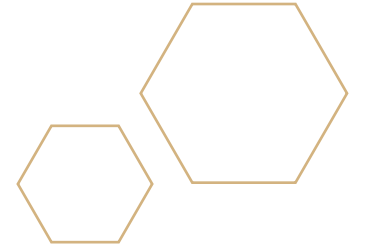


The providers at Elysian are conscious that the mind and the body are united. We will ensure your care is integrated between your providers and your goals will be held central as we provide that care. Our team will leverage the latest in the medical, nutritional, kinesthetic and neurosciences to assess, optimize and strengthen your mind, body and spirit.

Urgent Care



At Elysian we will help you manage any exigent or urgent care needs that arise. When an unexpected event occurs, and your care requires us to look external to outside providers, your dedicated care coordinator will manage these external partnerships and help improve your experience in the navigation of a complex health system.



In the Elysian Concierge Medical Program you will receive:

- Yearly Personalized Health Assessment with preventative screening. This will include annual (or more frequent if required by your physician)
 - Body composition scanning.
 - Advanced, on-line trackable cognitive testing.
 - Ophthalmic and auditory screening.
 - Annual computerized gait assessment.
 - Annual screening cardiac risk assessment.
 - △ Early identification of sarcopenia through your annual body composition scan - an important predictor of longevity and wellness.
 - Annual review (or greater if required) with our nutritional health team.
 - Annual (or more frequent if required) screening biochemical analysis.
- After hours on-call paging service. In addition, our primary care physician, nursing and pharmacy team are of course available during the week for any non-urgent questions.
- Access to your own on-site laboratory for any blood and other collections as required. Working with your coordinator will ensure your time is respected when accessing these services.
- Access to your own on-site Pharmacy. Our pharmacist is a member of your team. You'll have access to full medication and supplement reviews in the context of your goals - personalized.
- Dedicated coaching for preventative mental health, in person or remote, as required, in addition to your annual mental health assessment.
- Dedicated physical health coaching. Our personal trainers will work with you and your team to optimize your balance, flexibility, and strength - key determinants in your future health.
- Flexible and unlimited appointments with your personal physician. Our purpose is preventative health and proactive health management - your questions and goals shouldn't be focused on reacting to illness. Your annual preventative physical exam and preventative health reviews should blend seamlessly with any unexpected medically required visits or issues that arise.¹
- Modern facilities with services integrated at one location.
- Priority access to our team of dedicated allied care practitioners (registered massage, physiotherapy, naturopathic, chiropractic) with coordination of third-party insurance supplemented by the Elysian Health plan as required.
- Online health management system to allow you to access your care plan and see track of your results in a coordinated fashion with your physician and care team.
- △ Preferred access to optional testing, diagnostics and screening, as determined by you and your health goals. This may include advanced diagnostics, genetic, hormonal, or other external panels that are specific or unique to you, your family history, or your health concerns.





Elysian Health

Live your best life, longer.

Your team is ready

\$7,200/year or \$650/month over 12 months

*Family or snowbird plans are available

604.256.4112

info@elysianhealth.ca

elysianhealth.ca

Suites 110, and 200, 2626 Croydon Drive, Surrey, BC V3Z 0S8

¹Fees for the Concierge program are strictly for the uninsured components of the program. These services would include but are not limited to; physician visit, personalized lab screening based on gender and risk profile, a comprehensive physician visit or other publicly insured services will be billed to the provincial insurance plan by Elysian Health when they are considered insured services. Purchase of the Elysian concierge program is not a condition of access to any insured physician services.